



# EXCITING HANDS-ON TRAINING CURRICULUM AHEAD!

## About Course

Get ready to dive into an amazing learning experience with our comprehensive hands-on training program. We're thrilled to offer you an opportunity to enhance your skills and knowledge in the most engaging way possible! Each session is designed with your success in mind, ensuring a dynamic and enlivening journey to expertise. Let's embark on this adventure together and unlock your full potential!



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### PRP

- CONTENT
- Centrifuge techniques
- Single spin/double spin
- Indications
- Contraindications
- Creation and activation
- Injection techniques
- PRP for hair
- PRP for face

### DERMAL FILLERS

- Introduction
- Pharmacology
- Types of dermal fillers
- Dermal fillers for nasolabial folds
- Side effects and complications
- Combination of botox and fillers

### SURGICAL PROCEDURE

- Wart removal
- Mole removal

### SKIN AND HAIR

- Structure and function of hair
- Common skin diseases
- Normal hair growth cycle
- Hair types
- Reasons of hair fall
- Etiology of hair and hair problems

### HAIRFALL TRICHOLOGY

- Dandruff
- Psoriasis
- Types of alopecia
- Male pattern baldness
- Female pattern baldness
- Hair PRP
- Hair growth therapy
- Alopecia areata
- Androgenic alopecia treatment

### MESOTHERAPY

- What is mesotherapy
- Meso cocktail
- Mode of action
- Meso botox
- Mesotherapy for hair loss
- Lipolysis
- Double chin lipo injections
- No needle mesotherapy

### BODY CONTOURING

- RF devices
- U lipo
- Skin tightening devices
- Neck rejuvenation and tightening
- Cellulite reduction
- RF for body tightening

## CHEMICAL PEELS

- What are chemical peels
- Peels classification
- Superficial peels
- Medium depth peels.
- Deep peels
- Side effects of peels
- Skin conditioning for chemical peels
- Skin primming
- Contraindications
- Precautions
- Patient selection
- Post procedure guidelines

## MICRODERMABRASION

- What is microdermabrasion
- Indication
- Types
- Patient selection
- Procedure
- Side effects

## MEDICO LEGAL ASPECTS OF COSMETOLOGY

- Current laws

## ACNE AND MELASMA

- What is acne
- Different types of acne
- Comedomes
- Different types of treatments available
- Devices for acne treatment
- Melasma
- Melasma treatment
- Pigmentation disorders
- Treatments of these concerns

## MICRONEEDLING

- Derma rollers
- Derma pen
- Regrowth
- Microneedling for scars
- Microneedling for stretch marks

## LASERS

- Lasers
- Laser physics
- Types of lasers
- Skin interaction with lasers
- Ipl
- Diode laser
- Pigment and tattoo lasers
- Nd yag laser
- Laser facials
- Complications of laser therapy
- Guidelines

## FACIAL THREADS

- PDO threads
- Cog threads
- Indication
- Patient selection
- Mode of action
- Technique
- Precautions
- Side effects
- Results

## BOTOX

- Indications
- Facial anatomy
- Mode of action
- Which product to use
- Allergic reactions
- Duration of action
- Dosages
- Safety guidelines
- Storage and transport
- Forehead lines, frown lines, crows feet
- Masseter botox

## COSMETIC CLINIC SETUP

- How to setup
- Marketing
- Legal issues
- Job opportunities